



# YMCA CAMP INGERSOLL

## 2008 YOUTH TRIATHLON

USAT SANCTIONED

**SUNDAY, JULY 20TH**  
AT CAMP INGERSOLL, ROUTE 66, PORTLAND, CT

HELMETS REQUIRED  
RACE STARTS AT 9:30 AM  
RACE DAY REGISTRATION AND SWIM TESTING 7:45-9:15 AM

### DISTANCE DETERMINED BY AGE

7 - 10 Years of Age: 50 Yard Swim, 2 Mile Bike, 1/2 Mile Run  
11 - 15 Years of Age: 200 Yard Swim, 5 Mile Bike, 1 Mile Run

#### RACE FEES:

**\$25** Advance Registration  
**\$30** on Race Day  
**\$5** for USAT Required License

All Children Must Pass  
Swim Test or Have Waiver  
Signed by Swim Instructor.

For More Information Contact **Kristin Faucher: 860-343-6204**  
Email: [k.faucher@midymca.org](mailto:k.faucher@midymca.org) or Visit: [www.midymca.org](http://www.midymca.org)